

Course Specification

Published Date:	17-May-2023
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Status:	Validated

Core Information

Awarding Body / Institution:	University of Wolverhampton		
School / Institute:	Institute of Human Sciences		
Course Code(s):	SR034T01UV SR034T31UV	Full-time Part-time	4 Years 8 Years
Course Title:	BSc (Hons) Sport and Exercise Therapy with Foundation Year		
Hierarchy of Awards:	Bachelor of Science with Honours Sport and Exercise Therapy Bachelor of Science Sport and Exercise Therapy Diploma of Higher Education Sport and Exercise Therapy Certificate of Higher Education Sport and Exercise Therapy Foundation and Preparatory Studies Sport and Exercise Therapy		
Language of Study:	English		
Date of DAG approval:	21/Sep/2020		
Last Review:	2018/9		
Course Specification valid from:	2018/9		
Course Specification valid to:	2024/5		

Academic Staff

Course Leader:	Katie Davies
Head of Department:	Mr Julian Smith

Course Information

Location of Delivery:	University of Wolverhampton
Category of Partnership:	Not delivered in partnership
Teaching Institution:	University of Wolverhampton
Open / Closed Course:	This course is open to all suitably qualified candidates.

Entry Requirements:

Entry requirements are subject to regular review. The entry requirements applicable to a particular academic year will be published on the University website (and externally as appropriate e.g. UCAS)

Distinctive Features of the Course:

Educational Aims of the Course:

Intakes:

September

Major Source of Funding:

Office for Students (OFS)

Tuition Fees:

Tuition fees are reviewed on an annual basis. The fees applicable to a particular academic year will be published on the University website.

Year	Status	Mode	Amount
2020/1	H	Full Time / Sandwich	£9250.00
2020/1	Overseas	Full Time / Sandwich	£12250.00
2020/1	H	Part Time	£3050.00
2020/1	Overseas	Part Time	£6125.00
2021/2	H	Full Time / Sandwich	£9250.00
2021/2	Overseas	Full Time / Sandwich	£12950.00
2021/2	H	Part Time	£3100.00
2022/3	H	Full Time / Sandwich	£9250.00
2022/3	Overseas	Full Time / Sandwich	£13450.00
2022/3	H	Part Time	£3120.00
2023/4	H	Full Time / Sandwich	£9250.00
2023/4	Overseas	Full Time / Sandwich	£14450.00

PSRB:

SR034T01UV (Full-time)

Professional Accreditation Body:
The Society of Sports Therapists

Accrediting Body:
"Society of Sports Therapists, the"

Accreditation Statement:
Accredited by the Society of Sports Therapists.

Additional Notes:

"Upon successful completion of an approved programme of study, Graduate Sports Therapists are eligible to become Members of The Society of Sports Therapists, the professional body for sports therapy in the UK. In order to maintain their eligibility for membership, they are required to agree to uphold the Society's Standards of Performance, Conduct and Ethics and to agree to engage in and show evidence of Continual Professional Development on an annual basis. They must also possess a valid First Aid certificate at the point of registration and renewal. Graduate Sports Therapists have access to employment in a variety of settings. These include, but are not exclusive to, professional and amateur sports clubs, private practice, education, NHS and other relevant healthcare environments, as determined by the requirements that are specific to each area."

Approved	Start	Expected End	Renewal
17/Jan/2020	01/Sep/2020	31/Aug/2025	31/Aug/2025

SR034T31UV (Part-time)

Professional Accreditation Body:
The Society of Sports Therapists

Accrediting Body:
"Society of Sports Therapists, the"

Accreditation Statement:
Accredited by the Society of Sports Therapists.

Additional Notes:

"Upon successful completion of an approved programme of study, Graduate Sports Therapists are eligible to become Members of The Society of Sports Therapists, the professional body for sports therapy in the UK. In order to maintain their eligibility for membership, they are required to agree to uphold the Society's Standards of Performance, Conduct and Ethics and to agree to engage in and show evidence of Continual Professional Development on an annual basis. They must also possess a valid First Aid certificate at the point of registration and renewal. Graduate Sports Therapists have access to employment in a variety of settings. These include, but are not exclusive to, professional and amateur sports clubs, private practice, education, NHS and other relevant healthcare environments, as determined by the requirements that are specific to each area."

Approved	Start	Expected End	Renewal
17/Jan/2020	01/Sep/2020	31/Aug/2025	31/Aug/2025

SR034T01UV (Full-time)

Professional Accreditation Body:
Chartered Institute for the Management of Sport and Physical Activity

Accrediting Body:

Chartered Institute for the Management of Sport and Physical Activity (CIMSPA)

Accreditation Statement:

Endorsed by the Chartered Institute for the Management of Sport and Physical Activity (CIMSPA).

Approved	Start	Expected End	Renewal
01/Jun/2021	01/Jun/2021		

SR034T31UV (Part-time)

Professional Accreditation Body:

Chartered Institute for the Management of Sport and Physical Activity

Accrediting Body:

Chartered Institute for the Management of Sport and Physical Activity (CIMSPA)

Accreditation Statement:

Endorsed by the Chartered Institute for the Management of Sport and Physical Activity (CIMSPA).

Approved	Start	Expected End	Renewal
01/Jun/2021	01/Jun/2021		

Course Structure:

September (Full-time)

Part time students study alongside full time students. However, they do not study more than 80 credits in each academic calendar year.

Module	Title	Credits	Period	Type
3ED002	Preparing for Undergraduate Study	40	IN YR	Core
3ED003	Valuing the Self & Others	20	IN YR	Core
3SR006	Exercise and Health Behaviour	20	IN YR	Core
3ED004	Interprofessional Working	20	IN YR	Core
3SR005	Exploring Current Issues in Sport and Physical Activity	20	IN YR	Core

September (Full-time)

Part time students study alongside full time students. However, they do not study more than 80 credits in each academic calendar year.

Module	Title	Credits	Period	Type
4SR056	Introduction to Sport in Higher Education	20	IN YR	Core
4SR057	Managing Trauma in Sport and Exercise	20	IN YR	Core
4SR059	Musculoskeletal Anatomy	20	IN YR	Core
4SR058	Fundamentals of Sports Injuries	20	IN YR	Core
4SR060	Sports & Exercise Massage	20	IN YR	Core
4SR061	Fundamentals of Exercise Therapy	20	IN YR	Core

September (Full-time)

Part time students study alongside full time students. However, they do not study more than 80 credits in each academic calendar year.

Module	Title	Credits	Period	Type
5SR056	Sport and Exercise Rehabilitation	20	IN YR	Core
5SR055	Peripheral Manual Therapy	20	IN YR	Core
5SR054	Examination and Assessment of Peripheral Joints	20	IN YR	Core
5SR023	Research Methods and Analytical Procedures	20	IN YR	Core
5SR007	Sport and Exercise Physiology	20	IN YR	Core
5SR035	Sport & Physical Activity Industry Practice	20	IN YR	Core

September (Full-time)

Part time students study alongside full time students. However, they do not study more than 80 credits in each academic calendar year.

Module	Title	Credits	Period	Type
6SR047	Working with Special Populations	20	IN YR	Core
6SR048	Clinical Placement	20	IN YR	Core
6SR049	Applied Sport and Exercise Therapy Techniques	20	IN YR	Core
6SR050	Vertebral Mobilisation Techniques	20	IN YR	Core
6SR019	The Professional Project	40	IN YR	Core

Please note: Optional modules might not run every year, the course team will decide on an annual basis which options will be running, based on student demand and academic factors, to create the best learning experience.

Learning, Teaching and Assessment

Academic Regulations Exemption:

Reference Points:

Overview of Assessment:

As part of the course approval process, the course learning outcomes were mapped to each of the modules forming the diet of the programme of study. This process confirmed that all course learning outcomes can be met through successful completion of the modules. This mapping applies to the final award as well as to all of the intermediate awards.

Learning Outcomes	Modules
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Learning Outcomes
FY01 Develop an independent, reflective and self-managed approach to study.

Modules

FY02 Utilise skills appropriate for study in Higher Education.

FY03 Apply new approaches to learning, study and finding information.

FY04 Describe your existing transferable skills and new skills and how these may be developed.

CERTHE01 Demonstrate knowledge of the underlying concepts and principles associated with your area(s) of study, and an ability to evaluate and interpret these within the context of that area of study

CERTHE02 Demonstrate an ability to present, evaluate and interpret qualitative and quantitative data, in order to develop lines of argument and make sound judgements in accordance with basic theories and concepts of your subject(s) of study.

CERTHE03 Evaluate the appropriateness of different approaches to solving problems related to your area(s) of study and/or work

CERTHE04 Communicate the results of your study/work accurately and reliably, and with structured and coherent arguments

CERTHE05 Demonstrate the qualities and transferable skills necessary for employment requiring the exercise of some personal responsibility

DIPHE02 Demonstrate knowledge and critical understanding of the well-established principles of your area(s) of study, and of the way in which those principles have developed with an understanding of the limits of your knowledge, and how this influences analyses and interpretations based on that knowledge.

DIPHE03 Demonstrate the ability to apply underlying concepts and principles outside the context in which they were first studied, including, where appropriate, the application of those principles in an employment context.

DIPHE04 Demonstrate knowledge of the main methods of enquiry in the subject(s) relevant to the named award, and ability to evaluate critically the appropriateness of different approaches to solving problems in the field of study.

DIPHE05 Use a range of established techniques to initiate and undertake critical analysis of information, and to propose solutions to problems arising from that analysis.

DIPHE06 Effectively communicate information, arguments and analysis in a variety of forms to specialist and non-specialist audiences, and deploy key techniques of the discipline effectively.

DIPHE07 Demonstrate the qualities and transferable skills necessary for employment, requiring the exercise of personal responsibility and decision-making and undertake further training, developing existing skills and acquire new competences that will enable them to assume significant responsibility within organisations.

BHONSN01 Plan, implement, and critically evaluate sport and exercise therapy interventions designed to optimise preparation and performance, and prevent injury, for a range

of clients/sports participants; this could include but is not limited to special populations such as older adults, disabled people, people with a chronic disease and children.

Modules

BHONSN02 Apply coherent and detailed knowledge and understanding of sports science principles in order to assess, treat, rehabilitate, and refer musculoskeletal injuries across the spectrum of sport and occupational settings.

BHONSN03 Critically reflect on and demonstrate a range of attributes, skills, and professional and ethical standards that underpin a variety of graduate roles in your subject area.

BHONS01 Plan, implement, and critically evaluate sport and exercise therapy interventions designed to optimise preparation and performance, and prevent injury, for a range of clients/sports participants; this could include but is not limited to special populations such as older adults, disabled people, people with a chronic disease and children.

BHONS02 Apply coherent and detailed knowledge and understanding of sports science principles in order to assess, treat, rehabilitate, and refer musculoskeletal injuries across the spectrum of sport and occupational settings.

BHONS03 Critically reflect on and demonstrate a range of attributes, skills, and professional and ethical standards that underpin a variety of graduate roles in your subject area.

BHONS04 Develop sport and exercise therapy focused research skills in order to work with higher levels of autonomy to collect interpret and evaluate relevant data utilising established techniques of analysis and enquiry in an applied sport and exercise science context

Teaching, Learning and Assessment:

Assessment Methods:

At the University of Wolverhampton, a variety of modes of assessment will be used to support and test your learning and progress and to help you develop capabilities that are valued beyond your University studies and into your working life. Your course may include a variety of assessment activities:

Written examinations (including online examinations, open and closed book examinations and quizzes)
Coursework (for example, essays, reports, portfolios, project proposals and briefs, CVs, poster presentation)
Practical (for example, oral and video presentations, laboratory work, performances, practical skills assessment)

In the final year of your undergraduate degree, and at the end of your postgraduate degree, you are likely to be expected to write an extended piece of work or research, such as a dissertation or a practice-based piece of research.

Student Support:

Employability in the Curriculum:



