

Course Specification

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Core Information

Awarding Body / Institution:	University of Wolverhampton		
School / Institute:	Institute of Human Sciences		
Course Code(s):	SR033F01CW	Full-time	2 Years
UCAS Code:			
Course Title:	Foundation Degree (Sci) Sports Coaching		
Hierarchy of Awards:	Foundation Degree (Science) Sports Coaching Certificate of Higher Education Sports Coaching University Statement of Credit Sports Coaching		
Language of Study:	English		
Date of DAG approval:	19/Sep/2022		
Last Review:			
Course Specification valid from:	2021/2		
Course Specification valid to:	2024/5		

Academic Staff

Course Leader:	Mrs Zsuzsa Galloway
Head of Department:	

Course Information

Location of Delivery:	City of Wolverhampton College
Category of Partnership:	Supported Delivery of University Provision
Teaching Institution:	City of Wolverhampton College
Open / Closed Course:	This course is open to all suitably qualified candidates.

Entry Requirements:

Entry requirements are subject to regular review. The entry requirements applicable to a particular academic year will be published on the University website (and externally as appropriate e.g. UCAS)

The entry requirements are in line with other UoW FD courses and are regionally competitive.

Applicants should have 40 UCAS points made up of a combination of the following:

- A Levels with a minimum grade of D, E.
- BTEC Extended Diploma grade PPP, BTEC QCF Diploma grade MP.
- Access to HE Diploma full award.
- If you've got other qualifications or relevant experience, please contact [The Gateway](#) for further advice before applying.

Other Requirements:-

Entry to this course requires a Disclosure and Barring Service (DBS) Check and an Occupational Health Check.

Applicants must usually have studied for a minimum of two years post GCSE level. However, we will consider applications from mature students who do not have two years of post-16 study, where they have relevant work experience. Please see; <http://wlv.ac.uk/mature> for further information.

Distinctive Features of the Course:

The course incorporates technology enhanced coaching – preparing you for a digital world (analysis, diagnosis and social media)

Placement modules will allow you to gain hands-on experience and to receive mentorship within professional environments throughout the course.

Our employability modules enable you to explore a career in coaching and engage in career development planning that prepares you for graduate-level employment.

Each year you will have opportunities to participate in career development activities and network with employers from the world of sports business.

The course has been designed in line with The International Council for Coaching Excellence (ICCE) coaching degree standards. On completion of this course you should, therefore, have the knowledge and skills required to meet the sector standards for employment in certain specific roles, as well as a range of other related roles.

The course has been designed in line with the Chartered Institute for the Management of Sport and Physical Activity (CIMSPA) coaching standards. On completion of this course you should, therefore, have the knowledge and skills required to meet the sector standards for employment in certain specific roles, as well as a range of other related roles.

You could consider employment in a range of occupations including: outdoor activities/education manager, personal trainer, sports coach, school sports coach or sports development officer.

You will have the opportunity to progress to BSc (Hons) Sports Coaching (top-up) upon successful completion of your FD Sports Coaching. This will provide opportunities for further study /specialisation to become a sport therapist, strength and conditioning coach or sport scientist.

Educational Aims of the Course:

The FD Sports Coaching course aims to produce graduates who are both competent and confident coaches. You will learn a mixture of practical 'teaching' skills and theoretical scientific techniques, and how to apply them to your coaching practice. Throughout the course you will explore global coaching issues, and be encouraged to utilise a range of learning, teaching and sports science technologies. You will be expected to coach both your peers and external participants.

The programme will also develop your ability to develop entrepreneurial and enterprising skills that will allow you to become more employable in the coaching industry. You will complete modules that focus on event management as well as media skills. Both modules will allow you to be a leader in the field and challenge your creativity and ability to innovate in the commercial sport-coaching environment.

You will have opportunities to develop digital literacy skills needed in the workplace through the use of a range of applications and software to prepare and produce your work, and to collect, analyse and disseminate information throughout your studies.

There will be opportunities for coaching work-experience throughout the course, helping you to develop the skills to meet the real-life needs of sports people across a range of ages, level of performance, and sports settings.

In addition, you will be equipped with the skills, knowledge and attributes to work independently and as part of a team within the coaching profession, preparing you for employment opportunities in a wide range of other sport-related careers.

A good graduate of this course will be able to:

1. Coach a wide range of participants in many different settings (e.g., club, school, performance, community).
2. Use the theoretical knowledge from the course to help inform current and future practice.
3. Use the industry experiences gained through placement module and apply them in a range of work settings.
4. Use transferable skills developed throughout the programme as preparation to pursue a range of careers within the sporting field.
5. Use entrepreneurial and media skills to effectively contribute to the sports coaching workforce.

Intakes:

September

Major Source of Funding:

Office for Students (OFS)

Tuition Fees:

Tuition fees are reviewed on an annual basis. The fees applicable to a particular academic year will be published on the University website.

Year	Status	Mode	Amount
No related data			

PSRB:

None

Course Structure:

September (Full-time)

Part time students study alongside full time students. However, they do not study more than 80 credits in each academic calendar year.

Module	Title	Credits	Period	Type
4SR056	Introduction to Sport in Higher Education	20	IN YR	Core
4SR024	Sports Coaching and Pedagogy	20	IN YR	Core
4SR051	Science & Movement Analysis for Coaching	20	IN YR	Core
4SR049	Preparing to Work in the Sport Industry	20	IN YR	Core
4SR052	Skills for Event Management in Coaching	20	IN YR	Core
4SR023	Coaching in Context	20	IN YR	Core

September (Full-time)

Part time students study alongside full time students. However, they do not study more than 80 credits in each academic calendar year.

Module	Title	Credits	Period	Type
5SR035	Sport & Physical Activity Industry Experience	20	IN YR	Core
5SR012	Analysis of Sport Performance	20	IN YR	Core
5SR052	Sport Coaching Media	20	IN YR	Core
5SR011	Coaching Philosophy in Practice	20	IN YR	Core
5SR023	Research Methods and Analytical Procedures	20	IN YR	Core
5SR053	Science in Performance Coaching	20	IN YR	Core

Please note: Optional modules might not run every year, the course team will decide on an annual basis which options will be running, based on student demand and academic factors, to create the best learning experience.

Learning, Teaching and Assessment

Academic Regulations Exemption:

Formal decisions/recommendations made by AFRSC:

Undergraduate Sport Portfolio.

Section 1.2.3 - Exemption for delivery outside the standard University Academic Calendar in order to facilitate teaching over four consecutive blocks of study in each academic year.

APPROVED.

Reference Points:

[UK Quality Code for Higher Education](#)

[Qualifications and Credit Frameworks](#)

[Subject Benchmark Statements](#)

[University Policies and Regulations](#)

Equality Act (2010)

Chartered Institute for the Management of Sport and Physical Activity (CIMSPA) Professional Standards

The University's Access and Participation Plan (2020/25) -Inclusive Framework: curriculum design and delivery has been used as a point of reference in the design of this course.

The course will also engage with and support the University of Wolverhampton's: Vision 2030

<https://www.wlv.ac.uk/media/documents/Vision-2030-PDF.pdf>

Overview of Assessment:

As part of the course approval process, the course learning outcomes were mapped to each of the modules forming the diet of the programme of study. This process confirmed that all course learning outcomes can be met through successful completion of the modules. This mapping applies to the final award as well as to all of the intermediate awards.

Learning Outcomes	Modules
CERTED01 Demonstrate knowledge of the underlying concepts and principles associated with your area(s) of study, and an ability to evaluate and interpret these within the context of that area of study	
CERTED02 Demonstrate an ability to present, evaluate and interpret qualitative and quantitative data, in order to develop lines of argument and make sound judgements in accordance with basic theories and concepts of your subject(s) of study.	
CERTED03 Evaluate the appropriateness of different approaches to solving problems related to your area(s) of study and/or work	
CERTED04 Communicate the results of your study/work accurately and reliably, and with structured and coherent arguments	
CERTED05 Demonstrate the qualities and transferable skills necessary for employment requiring the exercise of some personal responsibility	
CERTHE01 Demonstrate knowledge of the underlying concepts and principles associated with your area(s) of study, and an ability to evaluate and interpret these within the context of that area of study.	

CERTHE02 Demonstrate an ability to present, evaluate and interpret qualitative and quantitative data, in order to develop lines of argument and make sound judgements in accordance with basic theories and concepts of your subject(s) of study.

CERTHE03 Evaluate the appropriateness of different approaches to solving problems related to your area(s) of study and/or work.

CERTHE04 Communicate the results of your study/work accurately and reliably, and with structured and coherent arguments.

CERTHE05 Demonstrate the qualities and transferable skills necessary for employment requiring the exercise of some personal responsibility.

FD01 Demonstrate knowledge and critical understanding of the well-established principles of your area(s) of study, and of the way in which those principles have developed with an understanding of the limits of your knowledge, and how this influences analyses and interpretations based on that knowledge.

FD02 Demonstrate the ability to apply underlying concepts and principles outside the context in which they were first studied, including, where appropriate, the application of those principles in an employment context.

FD03 Demonstrate knowledge of the main methods of enquiry in the subject(s) relevant to the named award, and ability to evaluate critically the appropriateness of different approaches to solving problems in the field of study.

FD04 Use a range of established techniques to initiate and undertake critical analysis of information, and to propose solutions to problems arising from that analysis.

FD05 Effectively communicate information, arguments and analysis in a variety of forms to specialist and non-specialist audiences, and deploy key techniques of the discipline effectively.

FD06 Demonstrate the qualities and transferable skills necessary for employment, requiring the exercise of personal responsibility and decision-making and undertake further training, developing existing skills and acquire new competences that will enable them to assume significant responsibility within organisations.

Modules

Teaching, Learning and Assessment:

Learning activities will include specialist workshop activities, supervised studio practice, peer coaching, group projects, practical sessions, seminars, lectures and tutorials as well as independent reading of core and supplementary material from books, journals and electronic sources and independent practical study. Some lectures may be available as recorded or live streamed events and you will be able to access some of these activities through the University of Wolverhampton. In addition, you will have opportunities to engage with projects developed in association with industry practitioners and for external clients and spaces.

Assessment has a focus on real-world skills that will be required in the industry. There is therefore an emphasis on a variety of assessments such as portfolios, reports, presentations and coursework, rather than exams and essays. Formative assessment and ongoing feedback are important features of learning in sport subjects. This takes place in different times during a module in various forms informally or more formally such as in tutorials and group or peer-reviews.

The use of digital resources and software for both assignments and in-class activities is promoted across all modules to develop digital literacy in line with industry expectations. On-line portfolios and logs are used in some modules to allow skills to be honed and expanded on. We also make good use of online tools for discussion of materials and creation of digital content relevant to the industry.

Level 4 introduces you to key educational concepts and contexts in which you adopt the role of both coach and participant. Assessments at Level 4 involve designing and leading coaching activities, observing and analysing movement, sitting an exam and presentation.

At Level 5 you begin to apply the understanding developed at Level 4 to key questions concerning the roles given to coaching and its wider context. When exploring answers to these questions you are encouraged to develop ideas for future directions for the subject and develop skills and experience to help you prepare for employment. Assessments at Level 5 involve a range of tasks to match this exploration of practice and include presentations, projects, reports and practical demonstrations.

Assessment on certain modules has been designed to allow you to select an area which relates to your interest, graduate destination or your community/real world interests. For example, the Level 5 research proposal allows you to select your own topic area (provided it links to staff expertise in the department).

You will receive summative feedback via Canvas within four working weeks of submission, in line with the University policy.

Assessment Methods:

At the University of Wolverhampton, a variety of modes of assessment will be used to support and test your learning and progress and to help you develop capabilities that are valued beyond your University studies and into your working life. Your course may include a variety of assessment activities:

Written examinations (including online examinations, open and closed book examinations and quizzes)
Coursework (for example, essays, reports, portfolios, project proposals and briefs, CVs, poster presentation)
Practical (for example, oral and video presentations, laboratory work, performances, practical skills assessment)

In the final year of your undergraduate degree, and at the end of your postgraduate degree, you are likely to be expected to write an extended piece of work or research, such as a dissertation or a practice-based piece of research.

Student Support:

Course Specific Support at City of Wolverhampton College:

The transition period into higher education can be a daunting one, and so the induction programme, tutorial system and ongoing support offered at City of Wolverhampton College is designed to assist you in becoming part of the collaborative learning community, where you develop not only as an academic, but as a person and a professional. Academic study skills are embedded within the modules, revisited regularly and reinforced as part of the tutorial programme of activities that supplements your academic classes. We really value the opportunity to get to know you as an individual, to understand your personal circumstances, your preferred learning styles and together develop strategies to overcome any challenges and barriers that you might be facing.

You will be allocated a personal tutor at the start of your course with whom you will build and develop a relationship to help you work towards achieving the course learning outcomes. You will have a designated tutorial session each week and arrange to meet with your tutor one-to-one at regular intervals (a minimum of four times a year). Your personal tutor will assist you in your personal and academic development, planning and progression as well as helping you liaise with other staff and support facilities in the College and wider University. You will be introduced to your personal tutor on induction and continue to have contact with them weekly. Your tutor will be your first point of reference, they will know you best and through tutorial and your engagement with the scheduled classes and supervised workshop session they will steer your learning and guide you to specialist resources as appropriate, they offer 1 to 1 tutorial sessions as and when needed. This is

to ensure that every student has the required opportunities to achieve their full potential as well as receive the appropriate advice and guidance tailored to their individual need.

Higher Education academic skills will be embedded throughout the curriculum, with a focus on these skills in the following modules: 4SR056 Introduction to Sport in Higher Education, 4SR023 Coaching in Context, 5SR011 Philosophy in Coaching, 5SR023 Research Methods and Analytical Procedures, 5SR053 Science in Performance Coaching.

The college has both your learning and well-being at the centre of its mission and to this end there are support services provided at the college campus which includes a Counselling Service, Study Hubs and a dedicated Careers Information, Advice and Guidance Service and the Students' Union.

General University Support:

In addition to the library resources available to you at your college you are also eligible to use the [University's Libraries](#). This includes physical resources (print books and journals etc) and online resources, within the terms of the licences. For advice on using our library services and resources remotely, visit [Students Based Off Campus](#).

Libraries also provide students with academic skills support via the Skills for Learning programme. Support includes online guidance, sign-up online workshops and booking for online 1:1 appointments.

The [University Student Support website](#) offers advice on a variety of matters (careers, counselling, Student Union advice, etc.). Students can also access these services by booking appointment with the SU, careers, counselling services, etc.

Employability in the Curriculum:

This course will prepare you for employment in a range of roles within the Sport and Physical Activity sector, which contributes approximately £40 billion to the UK economy each year and employs approximately one million people. Professional Standards for roles in this sector are developed by the Chartered Institute for the Management of Sport and Physical Activity (CIMSPA). The University of Wolverhampton is working in partnership with CIMSPA, demonstrating our commitment to the ongoing development of the sector Professional Standards.

Your educational experience will develop your coaching through applying theories in practice, on your placements and employability modules. These experiences will aim to provide you with planning, leading and reflection skills that form the basis of fulfilling the role of a teacher and coach (further training will be required for certain roles).

Our employability modules enable you to explore sport coaching and school sport related career pathways and engage in career development planning that prepares you for graduate-level employment in a competitive industry. As part of these employability modules you will reflect on the experiences and skills you have gained in order to articulate your readiness to work in the coaching field and school sport industry.

Placement and applied practice modules are a leading feature of the course allowing you to gain hands-on experience and mentoring in an applied setting. During the course you will complete sport coaching fieldwork and placements.

In the first year you will focus upon understanding coaching and learning developing key skills of observing, analysing and communicating your experience. During the placement in the second year of the course you will teach participants and refine your key skills of organising planning, making informed decisions and reflecting upon your practice.

This extensive work experience will lead towards obtaining the University of Wolverhampton Enterprise & Employability Award and will serve to support your future career planning.

The Wolverhampton Enterprise and Employability Awards (WEEA) will be embedded in the module below:

5SR035 Sport & Physical Activity Industry Experience.



THE UNIVERSITY OF OPPORTUNITY