

Course Specification

Published Date:	11-Feb-2021
Produced By:	Oliver Jones
Status:	Validated

Core Information

Awarding Body / Institution:	University of Wolverhampton		
School / Institute:	Institute of Human Sciences		
Course Code(s):	SR031T01UV SR031T31UV	Full-time Part-time	4 Years 8 Years
UCAS Code:	C616		
Course Title:	BSc (Hons) Sports Coaching with Foundation Year		
Hierarchy of Awards:	Bachelor of Science with Honours Sports Coaching Bachelor of Science Sports Coaching Diploma of Higher Education Sports Coaching Certificate of Higher Education Sports Coaching Foundation and Preparatory Studies Sports Coaching University Statement of Credit University Statement of Credit		
Language of Study:	English		
Date of DAG approval:	21/Sep/2020		
Last Review:	2018/9		
Course Specification valid from:	2018/9		
Course Specification valid to:	2024/5		

Academic Staff

Course Leader:	Dr Shaun Galloway
Head of Department:	Mr Julian Smith

Course Information

Location of Delivery:	University of Wolverhampton
Category of Partnership:	Not delivered in partnership
Teaching Institution:	University of Wolverhampton
Open / Closed Course:	This course is open to all suitably qualified candidates.

Entry Requirements:

Entry requirements are subject to regular review. The entry requirements applicable to a particular academic year will be published on the University website (and externally as appropriate e.g. UCAS)

Distinctive Features of the Course:

1. Multiskills qualifications are embedded into the degree programme.
2. The course is delivered by qualified professional sport coaches (athletics, volleyball, basketball, karate, S&C specialists).
3. The course incorporates technology enhanced coaching – preparing you for a digital world (analysis, diagnosis and social media).
4. Placement modules will allow you to gain hands-on experience and to receive mentorship within professional environments throughout the course.
5. Our employability modules enable you to explore a career in coaching and engage in career development planning that prepares you for graduate-level employment.
6. Each year you will have opportunities to participate in career development activities and network with employers from the world of sports business.
7. This course has been endorsed by the Chartered Institute for the Management of Sport and Physical Activity (CIMSPA). The course has been mapped against employer-set professional standards of a Coach, meaning that you will be equipped with the competencies and skills needed to meet the requirements of potential employers.
8. The course has been designed in line with The International Council for Coaching Excellence (ICCE) coaching degree standards. On completion of this course you should, therefore, have the knowledge and skills required to meet the sector standards for employment in certain specific roles, as well as a range of other related roles.
9. You will have the opportunity to transfer to a sandwich placement year* in a sports coaching context. Our sandwich placement option allows you to take a full-year work placement, which can be undertaken abroad. A number of students in our department have been successful in securing places on these schemes in countries such as Spain, France, Canada and the US.

* You should be aware that transferring to a sandwich placement year would result in a total course duration of 5 years. There would therefore be funding implications if you failed to complete the course within 5 years if you were studying on a full-time basis.

Educational Aims of the Course:

The BSc (Hons) Sports Coaching with Foundation Year course aims to produce graduates who are both competent and confident coaches. Starting degree level study can be a daunting prospect, so the Foundation Year is designed to help you develop the skills, knowledge and confidence to succeed in your studies at degree level and beyond. During your Foundation Year you will develop skills such as finding and using information, working collaboratively with others, challenging and debating ideas and expressing yourself with greater confidence. You will also be introduced to a range of key concepts and skills that underpin the study of sport in Higher Education.

You will learn a mixture of practical 'teaching' skills and theoretical scientific techniques, and how to apply

them to your coaching practice. Throughout the course you will explore global coaching issues, and be encouraged to utilise a range of learning, teaching and sports science technologies. You will be expected to coach both your peers and external participants, and will have opportunities to take National Governing Body (NGB) coaching awards.

The course has been endorsed by the Chartered Institute for the Management of Sport and Physical Activity (CIMSPA). The course has been mapped against employer-set professional standards of a Coach, meaning that you will be equipped with the competencies and skills needed to meet the requirements of potential employers.

Our strong links with sports organisations and employers mean there will be opportunities for coaching work-experience throughout the course, helping you to develop the skills to meet the real-life needs of sports people across a range of ages, level of performance, and sports settings.

In addition, you will be equipped with the skills, knowledge and attributes to work independently and as part of a team within the coaching profession, preparing you for employment opportunities in a wide range of other sport-related and graduate level careers.

A good graduate of this course will be able to:

1. Coach a wide range of participants in many different settings (e.g., club, school, performance, community).
2. Use the theoretical knowledge from the course to help inform current and future practice.
3. Use the industry experiences gained through placement modules and apply them in a range of work settings.

Use transferable skills developed throughout the programme as preparation to pursue a range of careers within the sporting field.

Intakes:

September

Major Source of Funding:

Office for Students (OFS)

Tuition Fees:

Tuition fees are reviewed on an annual basis. The fees applicable to a particular academic year will be published on the University website.

Year	Status	Mode	Amount
2020/1	H	Full Time / Sandwich	£9250.00
2020/1	Overseas	Full Time / Sandwich	£12250.00
2020/1	H	Part Time	£3050.00
2020/1	Overseas	Part Time	£6125.00
2021/2	H	Full Time / Sandwich	£9250.00
2021/2	Overseas	Full Time / Sandwich	£12950.00

PSRB:

SR031T01UV (Full-time)

Professional Accreditation Body:
Chartered Institute for the Management of Sport and Physical Activity

Accrediting Body:
Chartered Institute for the Management of Sport and Physical Activity (CIMSPA)

Accreditation Statement:
Endorsed by the Chartered Institute for the Management of Sport and Physical Activity (CIMSPA).

Approved	Start	Expected End	Renewal
31/Mar/2020	31/Mar/2020	30/Mar/2021	30/Mar/2021

SR031T31UV (Part-time)

Professional Accreditation Body:
Chartered Institute for the Management of Sport and Physical Activity

Accrediting Body:
Chartered Institute for the Management of Sport and Physical Activity (CIMSPA)

Accreditation Statement:
Endorsed by the Chartered Institute for the Management of Sport and Physical Activity (CIMSPA).

Approved	Start	Expected End	Renewal
31/Mar/2020	31/Mar/2020	30/Mar/2021	31/Mar/2021

Course Structure:

September (Full-time)

Part time students study alongside full time students. However, they do not study more than 80 credits in each academic calendar year.

Year 1

Module	Title	Credits	Period	Type
3ED003	Valuing the Self & Others	20	IN YR	Core
3ED004	Interprofessional Working	20	IN YR	Core
3SR006	Exercise and Health Behaviour	20	IN YR	Core
3SR005	Exploring Current Issues in Sport and Physical Activity	20	IN YR	Core
3ED002	Preparing for Undergraduate Study	40	IN YR	Core

September (Full-time)

Part time students study alongside full time students. However, they do not study more than 80 credits in each academic calendar year.

Year 2

Module	Title	Credits	Period	Type
4SR056	Introduction to Sport in Higher Education	20	IN YR	Core
4SR051	Science & Movement Analysis for Coaching	20	IN YR	Core
4SR024	Sports Coaching and Pedagogy	20	IN YR	Core
4SR052	Skills for Event Management in Coaching	20	IN YR	Core
4SR023	Coaching in Context	20	IN YR	Core
4SR021	Motor Learning	20	IN YR	Core

September (Full-time)

Part time students study alongside full time students. However, they do not study more than 80 credits in each academic calendar year.

Year 3

Module	Title	Credits	Period	Type
5SR035	Sport & Physical Activity Industry Experience	20	IN YR	Core
5SR011	Coaching Philosophy in Practice	20	IN YR	Core
5SR036	Sports Event Management	20	IN YR	Core
5SR052	Sport Coaching Media	20	IN YR	Core
5SR005	Interdisciplinary Applications in Coaching	20	IN YR	Core
5SR053	Science in Performance Coaching	20	IN YR	Core

September (Full-time)

Part time students study alongside full time students. However, they do not study more than 80 credits in each academic calendar year.

Year 4

Module	Title	Credits	Period	Type
6SR019	The Professional Project	40	YEAR	Core
6SR010	Practical Coaching	20	IN YR	Core
6SR009	Optimising Training and Performance	20	IN YR	Core
6SR020	Professional Practice	20	IN YR	Core
6SR042	Problem-Based Learning for Sports Coaching	20	IN YR	Core

Please note: Optional modules might not run every year, the course team will decide on an annual basis which options will be running, based on student demand and academic factors, to create the best learning experience.

Learning, Teaching and Assessment

Academic Regulations Exemption:

Formal decisions/recommendations made by AFRSC:

Undergraduate Sport Portfolio.

Section 1.2.3 - Exemption for delivery outside the standard University Academic Calendar in order to facilitate teaching over four consecutive blocks of study in each academic year.

Section 1.3.1 - Exemption to exceed normal module credits within the standard University Framework allowing for the use of 40 credit modules at Level 3 including Year Long delivery.

APPROVED.

Reference Points:

UK Quality Code for Higher Education

University Policies and Regulations

Equality Act (2010)

Chartered Institute for the Management of Sport and Physical Activity (CIMSPA) Professional Standards

Learning Outcomes:

Foundation Course Learning Outcome 1 (FYRCLO1)

Develop an independent, reflective and self-managed approach to study.

Foundation Course Learning Outcome 2 (FYRCLO2)

Utilise skills appropriate for study in Higher Education.

Foundation Course Learning Outcome 3 (FYRCLO3)

Apply new approaches to learning, study and finding information.

Foundation Course Learning Outcome 4 (FYRCLO4)

Describe your existing transferable skills and new skills and how these may be developed.

CertHe Course Learning Outcome 1 (CHECLO1)

Demonstrate knowledge of the underlying concepts and principles associated with your area(s) of study, and an ability to evaluate and interpret these within the context of that area of study

CertHe Course Learning Outcome 2 (CHECLO2)

Demonstrate an ability to present, evaluate and interpret qualitative and quantitative data, in order to develop lines of argument and make sound judgements in accordance with basic theories and concepts of your subject(s) of study.

CertHe Course Learning Outcome 3 (CHECLO3)

Evaluate the appropriateness of different approaches to solving problems related to your area(s) of study and/or work

CertHe Course Learning Outcome 4 (CHECLO4)

Communicate the results of your study/work accurately and reliably, and with structured and coherent arguments

CertHe Course Learning Outcome 5 (CHECLO5)

Demonstrate the qualities and transferable skills necessary for employment requiring the exercise of some personal responsibility

DipHe Course Learning Outcome 1 (DHECLO1)

Demonstrate knowledge and critical understanding of the well-established principles of your area(s) of study, and of the way in which those principles have developed with an understanding of the limits of your knowledge, and how this influences analyses and interpretations based on that knowledge.

DipHe Course Learning Outcome 2 (DHECLO2)

Demonstrate the ability to apply underlying concepts and principles outside the context in which they were first studied, including, where appropriate, the application of those principles in an employment context

DipHe Course Learning Outcome 3 (DHECLO3)

Demonstrate knowledge of the main methods of enquiry in the subject(s) relevant to the named award, and ability to evaluate critically the appropriateness of different approaches to solving problems in the field of study

DipHe Course Learning Outcome 4 (DHECLO4)

Use a range of established techniques to initiate and undertake critical analysis of information, and to propose solutions to problems arising from that analysis

DipHe Course Learning Outcome 5 (DHECLO5)

Effectively communicate information, arguments and analysis in a variety of forms to specialist and non-specialist audiences, and deploy key techniques of the discipline effectively

DipHe Course Learning Outcome 6 (DHECLO6)

Demonstrate the qualities and transferable skills necessary for employment, requiring the exercise of personal responsibility and decision-making and undertake further training, developing existing skills and acquire new competences that will enable them to assume significant responsibility within organisations.

Ordinary Degree Course Learning Outcome 1 (ORDCLO1)

Accurately deploy appropriate techniques for the delivery of inclusive coaching sessions with individuals and groups across a range of sports and activities.

Ordinary Degree Course Learning Outcome 2 (ORDCLO2)

Demonstrate a systematic, detailed, and critical understanding of sports science and pedagogical knowledge and skills, and their application to evidence based sports coaching practice

Ordinary Degree Course Learning Outcome 3 (ORDCLO3)

Apply a range of specialist equipment, technologies and scientific methods to critical and innovative problem-

solving in sports coaching practice

Ordinary Degree Course Learning Outcome 4 (ORDCLO4)

Critically reflect on the values, ethics and experiences that guide your coaching practice

Ordinary Degree Course Learning Outcome 5 (ORDCLO5)

Critically reflect on theoretical and conceptual knowledge, along with the experience developed on your course, to enhance employability and transferrable learning skills within a sport coaching context

Honours Degree Course Learning Outcome 1 (DEGCLO1)

Accurately deploy appropriate techniques for the delivery of inclusive coaching sessions with individuals and groups across a range of sports and activities.

Honours Degree Course Learning Outcome 2 (DEGCLO2)

Demonstrate a systematic, detailed, and critical understanding of sports science and pedagogical knowledge and skills, and their application to evidence based sports coaching practice

Honours Degree Course Learning Outcome 3 (DEGCLO3)

Apply a range of specialist equipment, technologies and scientific methods to critical and innovative problem-solving in sports coaching practice

Honours Degree Course Learning Outcome 4 (DEGCLO4)

Critically reflect on the values, ethics and experiences that guide your coaching practice

Honours Degree Course Learning Outcome 5 (DEGCLO5)

Critically reflect on theoretical and conceptual knowledge, along with the experience developed on your course, to enhance employability and transferrable learning skills within a sport coaching context

Honours Degree Course Learning Outcome 6 (DEGCLO6)

Accurately deploy research skills in order to work with higher levels of autonomy to collect, interpret, and evaluate relevant data utilising established techniques of analysis and enquiry in a sport coaching context.

Overview of Assessment:

Module	Title	Course Learning Outcomes
3ED002	Preparing for Undergraduate Study	FYRCLO1, FYRCLO2, FYRCLO3, FYRCLO4
3ED003	Valuing the Self & Others	FYRCLO1, FYRCLO2, FYRCLO3, FYRCLO4
3ED004	Interprofessional Working	FYRCLO1, FYRCLO2, FYRCLO3, FYRCLO4
3SR005	Exploring Current Issues in Sport and Physical Activity	FYRCLO2, FYRCLO4
3SR006	Exercise and Health Behaviour	FYRCLO2, FYRCLO4
4SR021	Motor Learning	CHECLO1, CHECLO3
4SR023	Coaching in Context	CHECLO2, CHECLO3, CHECLO4
4SR024	Sports Coaching and Pedagogy	CHECLO1, CHECLO5
4SR051	Science & Movement Analysis for Coaching	CHECLO1, CHECLO2, CHECLO4
4SR052	Skills for Event Management in Coaching	CHECLO3, CHECLO5
4SR056	Introduction to Sport in Higher Education	CHECLO1, CHECLO5
5SR005	Interdisciplinary Applications in Coaching	DHECLO2, DHECLO3, DHECLO4
5SR011	Coaching Philosophy in Practice	DHECLO1, DHECLO3, DHECLO5
5SR035	Sport & Physical Activity Industry Experience	DHECLO2, DHECLO6
5SR036	Sports Event Management	DHECLO1, DHECLO2, DHECLO6
5SR052	Sport Coaching Media	DHECLO5, DHECLO6
5SR053	Science in Performance Coaching	DHECLO1, DHECLO2, DHECLO4
6SR009	Optimising Training and Performance	DEGCLO2, DEGCLO3, ORDCLO2, ORDCLO3
6SR010	Practical Coaching	DEGCLO1, DEGCLO4, DEGCLO5, ORDCLO1, ORDCLO4, ORDCLO5
6SR019	The Professional Project	DEGCLO3, DEGCLO6
6SR020	Professional Practice	DEGCLO2, DEGCLO5, ORDCLO2, ORDCLO5
6SR042	Problem-Based Learning for Sports Coaching	DEGCLO2, DEGCLO4, ORDCLO2, ORDCLO4

Teaching, Learning and Assessment:

Learning activities on this course will include:

- Lectures
- Seminar discussion
- Practical sessions
- Workshops

- Work-based learning
- Tutorial support

- Independent reading of core and supplementary material from books, journals and electronic sources
- Independent practical study
- Canvas (VLE) structured on-line tasks and independent study
- Peer teaching

- Problem solving, reflection and decision making
- Assessment preparation workshops

Assessment methods on this course will include:

- Practical
- Presentation
- Oral exam
- Examination/in-class test
- Portfolio
- Report
- Coursework
- Project

Assessment has a focus on real-world skills that will be required in the industry. There is therefore an emphasis on a variety of assessments such as portfolios, reports, presentations and coursework, rather than exams and essays.

Level 4 introduces you to key educational concepts and contexts in which you adopt the role of both coach and participant. Assessments at Level 4 involve designing and leading coaching activities, observing and analysing movement, sitting an exam and presentation.

At Level 5 and 6 you begin to apply the understanding developed at Level 4 to key questions concerning the roles given to coaching and its wider context. When exploring answers to these questions you are encouraged to develop ideas for future directions for the subject and develop skills and experience to help you prepare for employment. Assessments at Level 5 and 6 involve a range of tasks to match this exploration of practice and include presentations, projects, organising a sports event, reports and practical demonstrations.

Assessment on certain modules has been designed to allow you to select an area which relates to your interest, graduate destination or your community/real world interests. For example, the Level 5 research proposal and final year project allow you to select your own topic area (provided it links to staff expertise in the department) and to choose from a range of project submission formats.

Assessment Methods:

At the University of Wolverhampton, a variety of modes of assessment will be used to support and test your learning and progress and to help you develop capabilities that are valued beyond your University studies and into your working life. Your course may include a variety of assessment activities:

Written examinations (including online examinations, open and closed book examinations and quizzes)
Coursework (for example, essays, reports, portfolios, project proposals and briefs, CVs, poster presentation)
Practical (for example, oral and video presentations, laboratory work, performances, practical skills assessment)

In the final year of your undergraduate degree, and at the end of your postgraduate degree, you are likely to be expected to write an extended piece of work or research, such as a dissertation or a practice-based piece of research.

Student Support:

General University support:

[The University Library](#) is the key source of academic information for students. The Library provides physical resources (books, journal, DVDs etc.) and offers a range of study areas to allow you to study in the environment that suits you best: Social areas, quiet and silent areas. It also provides access to wide range of online information sources, including eBooks, e-Journals and subject databases.

The Library also provides academic skills support via the [Skills for Learning programme](#). If you are based on campus then you can attend workshops or ask for one-to-one help on a range of skills such as academic

writing and referencing. You can also access a range of online skills material at: www.wlv.ac.uk/lib/skills.

Course Specific Support

- You will study a module designed to facilitate your transition into Higher Education at the start of level 4.
- Your course will be overseen by a Course Leader and you will also be allocated a Personal Tutor. You can book 1-to-1 appointments with them via our online Student Appointment Management System (SAMS).
- Specific assessment support will be factored into each module.
- If you have disabilities and/or specific learning difficulties you can gain a wide range of support from Student Support and Well Being.
- Higher Education academic skills will be embedded throughout the curriculum, with a focus on these skills in the following modules: 3ED002 Preparing for Undergraduate Study, 4SR056 Introduction to Coaching in Higher Education, 4SR023 Coaching in Context, 5SR011 Philosophy in Coaching, 5SR053 Science in Performance Coaching, 6SR009 Optimising Training and Performance and 6SR019 Professional Project.

You will be allocated a supervisor for your final year project.

Employability in the Curriculum:

This course will prepare you for employment in a range of roles within the Sport and Physical Activity sector, which contributes approximately £40 billion to the UK economy each year and employs approximately one million people. Professional Standards for roles in this sector are developed by the Chartered Institute for the Management of Sport and Physical Activity (CIMSPA). The University of Wolverhampton is working in partnership with CIMSPA, demonstrating our commitment to the ongoing development of the sector Professional Standards.

This course provides you with many opportunities to become certified by the governing bodies in your focus sport. Your educational experience will develop your coaching through your placements and employability modules. These experiences will aim to provide you with planning, leading and reflection skills that form the basis of fulfilling the role of a teacher and coach (further training will be required for certain roles).

Our employability modules enable you to explore sport coaching and school sport related career pathways and engage in career development planning that prepares you for graduate-level employment in a competitive industry. As part of these employability modules you will reflect on the experiences and skills you have gained in order to articulate your readiness to work in the coaching field and school sport industry.

Placement modules are a leading feature of the course allowing you to gain hands-on experience and mentoring in an applied setting. During the course you will complete sport coaching placements (in University and outside of University).

In the first year you will focus upon understanding coaching and learning developing key skills of observing, analysing and communicating your experience. During the placement in the second year of the course you will teach participants and refine your key skills of organising planning, making informed decisions and reflecting upon your practice.

These skills will then be applied in the third year of your studies where you will have the opportunity to obtain experience in a professional environment of your choice. You can also choose to transfer to an optional sandwich placement year* in a sport coaching and school sport context (in particular after school clubs and term break sport clubs). These extensive work experiences will lead towards obtaining the University of Wolverhampton Enterprise & Employability Awards and will serve to support your future career planning

The University provides annual opportunities through its Career Development Week to obtain additional qualifications to support your employability. There are also further opportunities to follow National Governing Body Qualifications provided within and alongside the degree course to supplement your professional skills and career plans.

The Wolverhampton Enterprise and Employability Awards (WEEA) will be embedded in the modules below:

5SR035 Sport & Physical Activity Industry Experience

5SR036 Sport Event Management

6SR020 Professional Practice

Upon successful completion on these modules and your course you may be eligible for the WEEA certificate.

* You should be aware that transferring to a sandwich placement year would result in a total course duration of 5 years. There would therefore be funding implications if you failed to complete the course within 5 years if you were studying on a full-time basis.



THE UNIVERSITY OF OPPORTUNITY