

Course Specification

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Produced By:	Oliver Jones
Status:	Validated

Core Information

Awarding Body / Institution:	University of Wolverhampton		
School / Institute:	Institute of Human Sciences		
Course Code(s):	SR028H01UV SR028H31UV	Full-time Part-time	3 Years 6 Years
Course Title:	BSc (Hons) Sports Coaching Practice (Combat Sports)		
Hierarchy of Awards:	Bachelor of Science with Honours Sports Coaching Practice (Combat Sports) Bachelor of Science Sports Coaching Practice (Combat Sports) Diploma of Higher Education Sports Coaching Practice (Combat Sports) Certificate of Higher Education Sports Coaching Practice (Combat Sports) University Statement of Credit University Statement of Credit		
Language of Study:	English		
Date of DAG approval:			
Last Review:	2017/8		
Course Specification valid from:	2017/8		
Course Specification valid to:	2023/4		

Academic Staff

Course Leader:	Dr Shaun Galloway
Head of Department:	Mr Julian Smith

Course Information

Location of Delivery:	University of Wolverhampton
Category of Partnership:	Not delivered in partnership
Teaching Institution:	University of Wolverhampton
Open / Closed Course:	This course is open to all suitably qualified candidates.

Entry Requirements:

Entry requirements are subject to regular review. The entry requirements applicable to a particular academic year will be published on the University website (and externally as appropriate e.g. UCAS)

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Distinctive Features of the Course:

Students should study this award because:

In 2014 the University of Wolverhampton campus became the home to British Judo. Students on this course will have access to the world class British Judo training facility, and opportunities to learn from British Judo players and coaching staff.

This award is a highly practical course. An emphasis will be placed on continual technical, tactical, and physical development within students' chosen combat sport(s). The degree is supported by international competitors and coaches in many combat sports.

The BSc (Hons) Sports Coaching Practice (Combat Sports) award combines sports coaching with pedagogy and knowledge of natural sciences to produce a holistic approach to coaching. Teaching staff on this award are actively engaged in coaching and research which supports the cutting edge philosophy of the programme. There are opportunities for students to study overseas within the ERASMUS programme. Students have the opportunity to undertake professional qualifications through our connections with external agencies throughout the course. Students will also have the opportunity to work towards the University of Wolverhampton Employability Award, as well as the option of a Sandwich Placement Year.

The breadth of this course opens up a wide range of employment opportunities in areas such as coaching in professional sport, performance analysis, strength & conditioning coaching, community coaching, sports development, teaching/lecturing, police and military officers, etc.

Educational Aims of the Course:

The BSc (Hons) Sports Coaching Practice (Combat Sports) course aims to produce graduates who are both competent and confident coaches but also able to apply a range of scientific and 'teaching' skills to their coaching. The course delivers a healthy mix of both practical and theoretical techniques needed for the science and practice of coaching. Unique to the program will be the focus development of your physical, technical and tactical skills.

You will be encouraged to coach both peers and external participants and have opportunities to take NGB coaching awards alongside your studies. Our strong links with sports organisations and employers mean there will be opportunities for coaching work-experience throughout the course, developing skills to meet the

real-life needs of sports people across a range of ages, level of performance and sports settings.

In addition, you will be equipped with the skills, knowledge and attributes to work independently and as part of a team within the coaching profession and allow for employment opportunities in a wide range of other sport-related and graduate level careers. You will have the opportunity to explore coaching issues related to combat sports, and be encouraged to utilise a range of learning, teaching and sports science technologies.

This exciting Combat Sports 'route' of the Sports Coaching Practice course means that you can choose to focus your studies on a particular combat sport(s). You will undertake specialist modules such as: Combat Sports Performance Skills (Technical Analysis), and Combat Sport Performance Skills (Advanced Performance Analysis).

Intakes:

September

Major Source of Funding:

HE FUNDING COUNCIL FOR ENGLAND (HEFCE)

Tuition Fees:

Tuition fees are reviewed on an annual basis. The fees applicable to a particular academic year will be published on the University website.

Year	Status	Mode	Amount
2017/8	H	Full Time / Sandwich	£9250.00
2017/8	EU	Full Time / Sandwich	£9250.00
2017/8	Overseas	Full Time / Sandwich	£11475.00
2017/8	H	Part Time	£2835.00
2017/8	EU	Part Time	£2835.00
2017/8	Overseas	Part Time	£5738.00
2018/9	H	Full Time / Sandwich	£9250.00
2018/9	EU	Full Time / Sandwich	£9250.00
2018/9	Overseas	Full Time / Sandwich	£11700.00
2018/9	H	Part Time	£2925.00
2018/9	Overseas	Part Time	£5850.00
2018/9	EU	Part Time	£2925.00
2019/0	H	Full Time / Sandwich	£9250.00
2019/0	EU	Full Time / Sandwich	£9250.00
2019/0	Overseas	Full Time / Sandwich	£12000.00
2019/0	H	Part Time	£2975.00
2019/0	Overseas	Part Time	£6000
2019/0	EU	Part Time	£2975.00

PSRB:

None

Course Structure:

September (Full-Time)

Year 1

Full time and Sandwich Undergraduate Honours students normally study 120 credits per academic year; 60 credits semester 1 and 60 credits semester 2.

Module	Title	Credits	Period	Type
4SR024	Introduction to coaching	20	SEM1	Core
4SR022	Introduction to science in sports coaching	20	SEM1	Core
4SR023	Coaching in Context	20	SEM1	Core
4SR025	Interdisciplinary practice in sports coaching	20	SEM2	Core
4SR021	Motor Learning	20	SEM2	Core
4SR030	Combat Sports Performance Skills (technical analysis)	20	SEM2	Core

September (Full-Time)

Year 2

Full time and Sandwich Undergraduate Honours students normally study 120 credits per academic year; 60 credits semester 1 and 60 credits semester 2.

Module	Title	Credits	Period	Type
5SR031	Combat Sports Performance Skills (tactical analysis)	20	SEM1	Core
5SR024	Science in performance coaching	20	SEM1	Core
5SR003	Training principles for sports performance	20	SEM1	Core
5SR011	Coaching Philosophy in Practice	20	SEM2	Core
5SR005	Motor Control and Performance	20	SEM2	Core
5SR023	Research Methods and Analytical Procedures	20	SEM2	Core

September (Full-Time)

Year 3

Full time and Sandwich Undergraduate Honours students normally study 120 credits per academic year; 60 credits semester 1 and 60 credits semester 2.

Module	Title	Credits	Period	Type
6SR032	Combat Sports Performance Skills (advanced sport science and analysis)	20	SEM1	Core
6SR009	Optimising Training and Performance	20	SEM1	Core
6SR033	Combat Sports Performance Skills (professional practice)	20	SEM2	Core
6SR010	Practical Coaching	20	SEM2	Core
6SR019	The Professional Project	40	YEAR	Core

Learning, Teaching and Assessment

Academic Regulations Exemption:

Section 5.2.3 - Exemption to permit less than 80 credits worth of specialist modules at Level 6 on the bracketed honours degree.

Effective date: September 2018.

APPROVED (by Chair's Action on 31/7/2018).

Reference Points:

Quality Code - [Part A: Setting and Maintaining Academic Standards](#). Including :

[Qualifications Frameworks](#)

[Characteristics Statements](#)

[Credit Frameworks](#)

[Subject Benchmark Statements](#)

Quality Code - [Part B: Assuring and Enhancing Academic Quality](#)

[University Policies and Regulations](#)

Equality Act (2010)

Sportscoach UK Code of Conduct.

Learning Outcomes:

Certificate in Higher Education Learning Outcome 1 (CHECLO1)

"Demonstrate knowledge of the underlying concepts and principles associated with your area(s) of study, and an ability to evaluate and interpret these within the context of that area of study"

Certificate in Higher Education Learning Outcome 2 (CHECLO2)

"Demonstrate an ability to present, evaluate and interpret qualitative and quantitative data, in order to develop lines of argument and make sound judgements in accordance with basic theories and concepts of your subject(s) of study."

Certificate in Higher Education Learning Outcome 3 (CHECLO3)

Evaluate the appropriateness of different approaches to solving problems related to your area(s) of study and/or work

Certificate in Higher Education Learning Outcome 4 (CHECLO4)

"Communicate the results of your study/work accurately and reliably, and with structured and coherent arguments"

Certificate in Higher Education Learning Outcome 5 (CHECLO5)

Demonstrate the qualities and transferable skills necessary for employment requiring the exercise of some personal responsibility

Diploma in Higher Education Learning Outcome 1 (DHECLO1)

"Demonstrate knowledge and critical understanding of the well-established principles of your area(s) of study, and of the way in which those principles have developed with an understanding of the limits of your knowledge, and how this influences analyses and interpretations based on that knowledge."

Diploma in Higher Education Learning Outcome 2 (DHECLO2)

"Demonstrate the ability to apply underlying concepts and principles outside the context in which they were first studied, including, where appropriate, the application of those principles in an employment context"

Diploma in Higher Education Learning Outcome 3 (DHECLO3)

"Demonstrate knowledge of the main methods of enquiry in the subject(s) relevant to the named award, and ability to evaluate critically the appropriateness of different approaches to solving problems in the field of study"

Diploma in Higher Education Learning Outcome 4 (DHECLO4)

"Use a range of established techniques to initiate and undertake critical analysis of information, and to propose solutions to problems arising from that analysis"

Diploma in Higher Education Learning Outcome 5 (DHECLO5)

"Effectively communicate information, arguments and analysis in a variety of forms to specialist and non-specialist audiences, and deploy key techniques of the discipline effectively"

Diploma in Higher Education Learning Outcome 6 (DHECLO6)

"Demonstrate the qualities and transferable skills necessary for employment, requiring the exercise of personal responsibility and decision-making and undertake further training, developing existing skills and acquire new competences that will enable them to assume significant responsibility within organisations."

Ordinary Degree Learning Outcome 1 (ORDCLO1)

Demonstrate a systematic understanding of key aspects of your field of study, including acquisition of coherent and detailed knowledge, at least some of which is at, or informed by, the forefront of defined aspects of a discipline with an appreciation of the uncertainty, ambiguity and limits of knowledge

Ordinary Degree Learning Outcome 2 (ORDCLO2)

Demonstrate an ability to deploy accurately established techniques of analysis and enquiry within a discipline and apply the methods and techniques that they have learned to review, consolidate, extend and apply your

knowledge and understanding, and to initiate and carry out projects.

Ordinary Degree Learning Outcome 3 (ORDCLO3)

Demonstrate conceptual understanding that enables the student: a) to devise and sustain arguments, and/or to solve problems, using ideas and techniques, some of which are at the forefront of a discipline b) to describe and comment upon particular aspects of current research, or equivalent advanced scholarship, in the discipline

Ordinary Degree Learning Outcome 4 (ORDCLO4)

Demonstrate the ability to manage your own learning, and to make use of scholarly reviews and primary sources (for example, refereed research articles and/or original materials appropriate to the discipline) and communicate information, ideas, problems and solutions to both specialist and non-specialist audiences.

Ordinary Degree Learning Outcome 5 (ORDCLO5)

Critically evaluate arguments, assumptions, abstract concepts and data (that may be incomplete), to make judgements, and to frame appropriate questions to achieve a solution - or identify a range of solutions - to a problem

Ordinary Degree Learning Outcome 6 (ORDCLO6)

Evidence increased physical competence to demonstrate skills and techniques appropriate to combat sports

Honours Degree Learning Outcome 1 (DEGCLO1)

Demonstrate a systematic understanding of key aspects of your field of study, including acquisition of coherent and detailed knowledge, at least some of which is at, or informed by, the forefront of defined aspects of a discipline with an appreciation of the uncertainty, ambiguity and limits of knowledge

Honours Degree Learning Outcome 2 (DEGCLO2)

Demonstrate an ability to deploy accurately established techniques of analysis and enquiry within a discipline and apply the methods and techniques that they have learned to review, consolidate, extend and apply your knowledge and understanding, and to initiate and carry out projects.

Honours Degree Learning Outcome 3 (DEGCLO3)

Demonstrate conceptual understanding that enables the student: a) to devise and sustain arguments, and/or to solve problems, using ideas and techniques, some of which are at the forefront of a discipline b) to describe and comment upon particular aspects of current research, or equivalent advanced scholarship, in the discipline

Honours Degree Learning Outcome 4 (DEGCLO4)

Demonstrate the ability to manage your own learning, and to make use of scholarly reviews and primary sources (for example, refereed research articles and/or original materials appropriate to the discipline) and communicate information, ideas, problems and solutions to both specialist and non-specialist audiences.

Honours Degree Learning Outcome 5 (DEGCLO5)

Critically evaluate arguments, assumptions, abstract concepts and data (that may be incomplete), to make judgements, and to frame appropriate questions to achieve a solution - or identify a range of solutions - to a problem

Honours Degree Learning Outcome 6 (DEGCLO6)

Evidence increased physical competence to demonstrate skills and techniques appropriate to combat sports

Overview of Assessment:

Module	Title	Course Learning Outcomes
4SR021	Motor Learning	CHECLO1
4SR022	Introduction to science in sports coaching	CHECLO1, CHECLO2, CHECLO4
4SR023	Coaching in Context	CHECLO1, CHECLO2, CHECLO4, CHECLO5
4SR024	Introduction to coaching	CHECLO1, CHECLO2, CHECLO3, CHECLO4, CHECLO5
4SR025	Interdisciplinary practice in sports coaching	CHECLO1, CHECLO3, CHECLO4
4SR030	Combat Sports Performance Skills (technical analysis)	CHECLO1, CHECLO3, CHECLO5
5SR003	Training principles for sports performance	DHECLO1, DHECLO3, DHECLO4, DHECLO5
5SR005	Motor Control and Performance	DHECLO1, DHECLO5, DHECLO6
5SR011	Coaching Philosophy in Practice	DHECLO1, DHECLO2, DHECLO6
5SR023	Research Methods and Analytical Procedures	DHECLO3, DHECLO5, DHECLO6
5SR024	Science in performance coaching	DHECLO1, DHECLO5
5SR031	Combat Sports Performance Skills (tactical analysis)	DHECLO1, DHECLO2, DHECLO3, DHECLO4, DHECLO5, DHECLO6
6SR009	Optimising Training and Performance	DEGCLO1, DEGCLO3, DEGCLO5, DEGCLO6, ORDCLO1, ORDCLO3, ORDCLO5, ORDCLO6
6SR010	Practical Coaching	DEGCLO1, DEGCLO4, ORDCLO1, ORDCLO4
6SR019	The Professional Project	DEGCLO1, DEGCLO3, DEGCLO5, DEGCLO6, ORDCLO1, ORDCLO3, ORDCLO5, ORDCLO6
6SR032	Combat Sports Performance Skills (advanced sport science and analysis)	DEGCLO1, DEGCLO2, DEGCLO3, DEGCLO5, DEGCLO6, ORDCLO1, ORDCLO2, ORDCLO3, ORDCLO5, ORDCLO6
6SR033	Combat Sports Performance Skills (professional practice)	DEGCLO1, DEGCLO2, DEGCLO3, DEGCLO5, DEGCLO6, ORDCLO1, ORDCLO2, ORDCLO3, ORDCLO5, ORDCLO6

Teaching, Learning and Assessment:

1. acquire, generate, interrogate and apply knowledge from a wide range of sources – 4SR021, 5SR003, 5SR024, 6SR021
2. develop research skills to enable analysis , synthesis, understanding and evaluation of data and information – 4SR022, 5SR023, 6SR019
3. demonstrate self-discipline and organizational skills by meeting deadlines, and taking responsibility for your own development and learning – 4SR024, 5SR023, 6SR019, 6SR020
4. present ideas clearly in an informed and persuasive manner to a variety of audiences – 4SR023, 5SR005, 5SR011, 6SR009
5. be innovative, creative and enterprising work collaboratively, whilst acknowledging, respecting and engaging with the views of others in a constructive and empathetic manner – 4SR025, 5SR011, 6SR009
6. draw on professional advice and feedback to reflect on and improve your own learning and professional

practice – 4SR024, 5SR023, 6SR010

7. prepare for the world of work through engagement with real life situations, briefs and problems – 4SR020, 5SR012, 6SR010, 6SR020

8. engage with new ideas and ways of working as an active member of the communities in which you study, live and work – 4SR021, 5SR005, 6SR020

Learning activities on this course will use a combination of methods, such as face-to-face instruction and tutorials, placement learning, online tasks, group and individual study.

Student Support:

Learning support will be provided in the following ways:

[University Learning Centres](#) are the key source of academic information for students. Learning Centres provide physical library resources (books, journal, DVDs etc.) and offer a range of study areas to allow students to study in the environment that suit them best: Social areas, quiet and silent areas. Learning Centres also provide access to wide range of online information sources, including eBooks, e-Journals and subject databases.

Learning Centres also provide students with academic skills support via the [Skills for Learning programme](#). Students on campus can attend workshops or ask for one-to-one help on a range of skills such as academic writing and referencing. Students can access a range of online skills material at: www.wlv.ac.uk/lib/skills

The [University Student Support website](#) offers advice on a variety of matters (careers, counselling, student union advice, etc.) Students can also access these services by booking appointment with the SU, careers, counselling services, etc.

Each student will be allocated a personal tutor.

Module tutorial support will be factored into each module.

Students with disabilities are able to gain a wide range of support from the Student Enabling Centre.

Support for academic skills will be embedded into the curriculum. Each student will be allocated a supervisor for their professional project at level six.

Students are able to access a wide range of resources to support their learning via the 'Skills for Learning' programme.

Employability in the Curriculum:

Throughout the course you will develop a range of skills that will enhance your employability. You will have opportunities to develop your practical coaching skills and build your curriculum vitae through working with organisations such as national governing bodies of sport, private and public sports clubs, local authorities, schools, and after school coaching programmes. By developing your coaching practice you will acquire skills in planning, communication, and evaluation. The coaching process encourages you to be innovative and creative, while working collaboratively. Coaching a diverse range of participants helps you to develop a constructive, empathetic manner, and to engage with, and developing respect for, the views of others. You will receive professional advice and feedback on your coaching practice, and be encouraged to reflect on and improve your own professional practice. Through this process you will engage with new ideas and ways of working.

You will also be prepared for the world of work through engagement with real life coaching situations and assignment tasks. By meeting deadlines for assignment tasks you will be required to demonstrate self-discipline and organizational skills, and to take responsibility for your own development and learning. By completing assignments you will acquire, generate, interrogate and apply knowledge from a wide range of sources, as well as develop your analytical skills. You will develop your ability to present ideas clearly in an informed and persuasive manner.

As a graduate of the BSc (Hons) Sports Coaching Practice (Combat Sports), you could also be employed in a wide range of roles (some requiring additional training) such as sports coach within local authorities, performance analyst, strength and conditioning instructor, fitness instructor, sports development officer, lecturers in further education colleges and adult education.

As a graduate of a sports related course you will also be well prepared for employment in the wider sport and physical activity sector. The Government's 'Sporting Future' strategy identified that sport and physical activity is central to life in the UK. It has the power to transform people's wellbeing and create a fitter, healthier and happier nation. The transformative power of sport has never been more important as the growing levels of health problems and conditions associated with physical inactivity cost the nation over £7 billion each year. Sport and physical activity also contributes approximately £40 billion to the UK economy each year, with one million people employed in the sport and physical activity sectors.

With the significant role that sport plays in the health of the nation, and its contribution to the economy, it is no surprise that supporting this sector is considered crucial by the Government. This is clearly illustrated by Sport England's 'Towards an Active Nation' strategy that will see nearly £325 million invested in increasing sport participation from 2016-2021. The strategy focuses on the benefits that sport can bring to people and to society, with the aim of enhancing physical wellbeing, mental wellbeing, individual development, social and community development and economic development. Investment will target key areas such as:

Tackling inactivity

Children and young people – increasing children's basic competence and enjoyment

Taking sport and activity into the mass market – increasing mass participation

Supporting sport's core markets – supporting those who already have a strong affinity for sport, (including talented athletes)

Local delivery – investing in up to 10 specific areas to pilot new, more joined up approaches to getting people active

Creating welcoming sports facilities



THE UNIVERSITY OF OPPORTUNITY