

## Course Specification

<b>Published Date:</b>	12-Jun-2019
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<b>Status:</b>	Validated

## Core Information

<b>Awarding Body / Institution:</b>	University of Wolverhampton		
<b>School / Institute:</b>	Institute of Human Sciences		
<b>Course Code(s):</b>	SR016H01UV SR016H31UV	Full-time Part-time	3 Years 6 Years
<b>Course Title:</b>	BSc (Hons) Sports Coaching Practice		
<b>Hierarchy of Awards:</b>	Bachelor of Science with Honours Sports Coaching Practice Bachelor of Science Sports Coaching Practice Diploma of Higher Education Sports Coaching Practice Certificate of Higher Education Sports Coaching Practice University Statement of Credit University Statement of Credit		
<b>Language of Study:</b>	English		
<b>Date of DAG approval:</b>	12/May/2017		
<b>Last Review:</b>	2014/5		
<b>Course Specification valid from:</b>	2012/3		
<b>Course Specification valid to:</b>	2020/1		

## Academic Staff

<b>Course Leader:</b>	Dr Shaun Galloway
<b>Head of Department:</b>	Mr Julian Smith

# Course Information

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Location of Delivery:	University of Wolverhampton
Category of Partnership:	Not delivered in partnership
Teaching Institution:	University of Wolverhampton
Open / Closed Course:	This course is open to all suitably qualified candidates.

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## Entry Requirements:

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Entry requirements are subject to regular review. The entry requirements applicable to a particular academic year will be published on the University website (and externally as appropriate e.g. UCAS)

### 2017 Entry

- A Levels, minimum grade CCC
- BTEC National Diploma grade MMM, BTEC National Certificate grade DD
- BTEC QCF Extended Diploma grade MMM, BTEC QCF Diploma grade DD
- Access to HE Diploma full award
- If you've got other qualifications or relevant experience, please contact [The Gateway](#) for further advice before applying.
- International entry requirements and application guidance can be found [here](#)
- Applicants applying to study the 60 credit route must also have achieved the: Advanced Apprenticeship in Sporting Excellence (AASE)

## Distinctive Features of the Course:

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Students should study this award because:

The BSc (Hons) Sports Coaching Practice award combines sports coaching with pedagogy and knowledge of natural sciences to produce a holistic approach to coaching. Teaching staff on this award are actively engaged in coaching and research which supports the cutting edge philosophy of the programme.

There are opportunities for students to study overseas within the ERASMUS programme.

Students have the opportunity to undertake professional qualifications through our connections with external agencies throughout the course.

The breadth of this course opens up a wide range of employment opportunities for graduates. Our graduates have been employed as professional coaches in various sports nationally and internationally, strength and conditioning coaches, police and military officers, performance analysts and have gone on to further study to become teachers, medical professionals, lecturers etc.

You will have access to a wide range of outstanding sports facilities and sport science laboratories in addition to the state of the art strength and conditioning suite within the British Judo Centre of Excellence on the Walsall Campus.

Throughout the degree students will develop a broad range of key skills including working towards the Gold Wolverhampton Enterprise and Employability Award.

## Educational Aims of the Course:

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The BSc (Hons) Sports Coaching Practice course aims to produce graduates who are both competent and confident coaches but also able to apply a range of scientific and 'teaching' skills to their coaching. The course

delivers a healthy mix of both practical and theoretical techniques needed for the science and practice of coaching. You will be encouraged to coach both peers and external participants and have opportunities to take NGB coaching awards. Our strong links with sports organisations and employers mean there will be opportunities for coaching work-experience throughout the course, developing skills to meet the real-life needs of sports people across a range of ages, level of performance and sports settings.

In addition, you will be equipped with the skills, knowledge and attributes to work independently and as part of a team within the coaching profession and allow for employment opportunities in a wide range of other sport-related and graduate level careers. You will have the opportunity to explore global coaching issues, and be encouraged to utilise a range of learning, teaching and sports science technologies.

#### Intakes:

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September

#### Major Source of Funding:

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HE FUNDING COUNCIL FOR ENGLAND (HEFCE)

#### Tuition Fees:

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Tuition fees are reviewed on an annual basis. The fees applicable to a particular academic year will be published on the University website.

Year	Status	Mode	Amount
2017/8	H	Full Time / Sandwich	£9250.00
2017/8	EU	Full Time / Sandwich	£9250.00
2017/8	Overseas	Full Time / Sandwich	£11475.00
2017/8	H	Part Time	£2835.00
2017/8	EU	Part Time	£2835.00
2017/8	Overseas	Part Time	£5738.00
2018/9	H	Full Time / Sandwich	£9250.00
2018/9	EU	Full Time / Sandwich	£9250.00
2018/9	Overseas	Full Time / Sandwich	£11700.00
2018/9	H	Part Time	£2925.00
2018/9	Overseas	Part Time	£5850.00
2018/9	EU	Part Time	£2925.00
2019/0	H	Full Time / Sandwich	£9250.00
2019/0	EU	Full Time / Sandwich	£9250.00
2019/0	Overseas	Full Time / Sandwich	£12000.00
2019/0	H	Part Time	£2975.00
2019/0	Overseas	Part Time	£6000
2019/0	EU	Part Time	£2975.00

#### PSRB:

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None

## Course Structure:

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### September (Full-Time)

Part time students study alongside full time students. However, they do not study more than 80 credits in each academic calendar year.

#### Year 1

Full time and Sandwich Undergraduate Honours students normally study 120 credits per academic year; 60 credits semester 1 and 60 credits semester 2.

Module	Title	Credits	Period	Type
4SR024	Introduction to coaching	20	SEM1	Core
4SR025	Interdisciplinary practice in sports coaching	20	SEM2	Core
4SR022	Introduction to science in sports coaching	20	SEM1	Core
4SR023	Coaching in Context	20	SEM1	Core
4SR020	Analysis of Human Movement	20	SEM2	Core
4SR021	Motor Learning	20	SEM2	Core

### September (Full-Time)

Part time students study alongside full time students. However, they do not study more than 80 credits in each academic calendar year.

#### Year 2

Full time and Sandwich Undergraduate Honours students normally study 120 credits per academic year; 60 credits semester 1 and 60 credits semester 2.

Module	Title	Credits	Period	Type
5SR012	Analysis of Sport Performance	20	SEM1	Core
5SR024	Science in performance coaching	20	SEM1	Core
5SR003	Training principles for sports performance	20	SEM1	Core
5SR005	Motor Control and Performance	20	SEM2	Core
5SR023	Research Methods and Analytical Procedures	20	SEM2	Core
5SR011	Coaching Philosophy in Practice	20	SEM2	Core

### September (Full-Time)

Part time students study alongside full time students. However, they do not study more than 80 credits in each academic calendar year.

#### Year 3

Full time and Sandwich Undergraduate Honours students normally study 120 credits per academic year; 60 credits semester 1 and 60 credits semester 2.

Module	Title	Credits	Period	Type
6SR019	The Professional Project	40	YEAR	Core
6SR009	Optimising Training and Performance	20	SEM1	Core
6SR020	Professional Practice	20	SEM1	Core
6SR010	Practical Coaching	20	SEM2	Core
6SR021	Applied sport science in coaching	20	SEM2	Core

## Learning, Teaching and Assessment

Academic Regulations Exemption:

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None

Reference Points:

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- QAA subject benchmark (Hospitality, Leisure, Sport and Tourism).
- Framework for Higher Education Qualifications (FHEQ)
- Equality Act 2010
- Sportscoach UK Code of Conduct.

Learning Outcomes:

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CertHE Course Learning Outcome 1 (CHECLO1)

Demonstrate knowledge of the underlying concepts and principles associated with your area(s) of study, and an ability to evaluate and interpret these within the context of that area of study

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CertHE Course Learning Outcome 2 (CHECLO2)

Demonstrate an ability to present, evaluate and interpret qualitative and quantitative data, in order to develop lines of argument and make sound judgements in accordance with basic theories and concepts of your subject(s) of study.

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CertHE Course Learning Outcome 3 (CHECLO3)

Evaluate the appropriateness of different approaches to solving problems related to your area(s) of study and/or work

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CertHE Course Learning Outcome 4 (CHECLO4)

Communicate the results of your study/work accurately and reliably, and with structured and coherent arguments

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CertHE Course Learning Outcome 5 (CHECLO5)

Demonstrate the qualities and transferable skills necessary for employment requiring the exercise of some

personal responsibility

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DipHE Course Learning Outcome 1 (DHECLO1)

Demonstrate knowledge and critical understanding of the well-established principles of your area(s) of study, and of the way in which those principles have developed with an understanding of the limits of your knowledge, and how this influences analyses and interpretations based on that knowledge.

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DipHE Course Learning Outcome 2 (DHECLO2)

Demonstrate the ability to apply underlying concepts and principles outside the context in which they were first studied, including, where appropriate, the application of those principles in an employment context

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DipHE Course Learning Outcome 3 (DHECLO3)

Demonstrate knowledge of the main methods of enquiry in the subject(s) relevant to the named award, and ability to evaluate critically the appropriateness of different approaches to solving problems in the field of study

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DipHE Course Learning Outcome 4 (DHECLO4)

Use a range of established techniques to initiate and undertake critical analysis of information, and to propose solutions to problems arising from that analysis

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DipHE Course Learning Outcome 5 (DHECLO5)

Effectively communicate information, arguments and analysis in a variety of forms to specialist and non-specialist audiences, and deploy key techniques of the discipline effectively

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DipHE Course Learning Outcome 6 (DHECLO6)

Demonstrate the qualities and transferable skills necessary for employment, requiring the exercise of personal responsibility and decision-making and undertake further training, developing existing skills and acquire new competences that will enable them to assume significant responsibility within organisations.

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Ordinary Course Learning Outcome 1 (ORDCLO1)

demonstrate your employability and personal and professional development in the context of sports coaching practice

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Ordinary Course Learning Outcome 2 (ORDCLO2)

demonstrate practical coaching skills with individuals and groups across a range of sports and activities

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Ordinary Course Learning Outcome 3 (ORDCLO3)

use research and various technologies to apply interdisciplinary sports science knowledge and skills in coaching practice

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Ordinary Course Learning Outcome 4 (ORDCLO4)

reflect on application of knowledge and skills within coaching practice and evaluate their impact

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Ordinary Course Learning Outcome 5 (ORDCLO5)

use a range of specialist equipment, technologies and scientific methods to facilitate effective sports coaching practice

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Ordinary Course Learning Outcome 6 (ORDCLO6)

use a range of methods to communicate effectively with a variety of audiences

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Honours Course Learning Outcome 1 (DEGCLO1)

demonstrate your employability and personal and professional development in the context of sports coaching practice

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Honours Course Learning Outcome 2 (DEGCLO2)

demonstrate practical coaching skills with individuals and groups across a range of sports and activities

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Honours Course Learning Outcome 3 (DEGCLO3)

use research and various technologies to apply interdisciplinary sports science knowledge and skills in coaching practice

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Honours Course Learning Outcome 4 (DEGCLO4)

reflect on application of knowledge and skills within coaching practice and evaluate their impact

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Honours Course Learning Outcome 5 (DEGCLO5)

use a range of specialist equipment, technologies and scientific methods to facilitate effective sports coaching practice

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Honours Course Learning Outcome 6 (DEGCLO6)

use a range of methods to communicate effectively with a variety of audiences

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Overview of Assessment:

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<b>Module</b>	<b>Title</b>	<b>Course Learning Outcomes</b>
4SR020	Analysis of Human Movement	CHECLO1, CHECLO2, CHECLO4, CHECLO5
4SR021	Motor Learning	CHECLO1
4SR022	Introduction to science in sports coaching	CHECLO1, CHECLO2, CHECLO4
4SR023	Coaching in Context	CHECLO1, CHECLO2, CHECLO4, CHECLO5
4SR024	Introduction to coaching	CHECLO1, CHECLO2, CHECLO3, CHECLO4, CHECLO5
4SR025	Interdisciplinary practice in sports coaching	CHECLO1, CHECLO3, CHECLO4
5SR003	Training principles for sports performance	DHECLO1, DHECLO3, DHECLO4, DHECLO5
5SR005	Motor Control and Performance	DHECLO1, DHECLO5, DHECLO6
5SR011	Coaching Philosophy in Practice	DHECLO1, DHECLO2, DHECLO6
5SR012	Analysis of Sport Performance	DHECLO1, DHECLO2, DHECLO3, DHECLO4, DHECLO5, DHECLO6
5SR023	Research Methods and Analytical Procedures	DHECLO3, DHECLO5, DHECLO6
5SR024	Science in performance coaching	DHECLO1, DHECLO5
5SR033	Supervised Work Experience	DHECLO2, DHECLO6
6SR009	Optimising Training and Performance	DEGCLO1, DEGCLO3, DEGCLO5, DEGCLO6, ORDCLO1, ORDCLO3, ORDCLO5, ORDCLO6
6SR010	Practical Coaching	DEGCLO2, DEGCLO4, ORDCLO2, ORDCLO4
6SR019	The Professional Project	DEGCLO1, DEGCLO3, DEGCLO5, DEGCLO6, ORDCLO1, ORDCLO3, ORDCLO5, ORDCLO6
6SR020	Professional Practice	DEGCLO1, DEGCLO2, DEGCLO4, DEGCLO5, ORDCLO1, ORDCLO2, ORDCLO4, ORDCLO5
6SR021	Applied sport science in coaching	DEGCLO1, DEGCLO3, DEGCLO5, DEGCLO6, ORDCLO1, ORDCLO3, ORDCLO5, ORDCLO6

### Teaching, Learning and Assessment:

1. acquire, generate, interrogate and apply knowledge from a wide range of sources – 4SR021, 5SR003, 5SR024, 6SR021
2. develop research skills to enable analysis, synthesis, understanding and evaluation of data and information – 4SR022, 5SR023, 6SR019
3. demonstrate self-discipline and organizational skills by meeting deadlines, and taking responsibility for your own development and learning – 4SR024, 5SR023, 6SR019, 6SR020
4. present ideas clearly in an informed and persuasive manner to a variety of audiences – 4SR023, 5SR005, 5SR011, 6SR009
5. be innovative, creative and enterprising work collaboratively, whilst acknowledging, respecting and engaging with the views of others in a constructive and empathetic manner – 4SR025, 5SR011, 6SR009
6. draw on professional advice and feedback to reflect on and improve your own learning and professional practice – 4SR024, 5SR023, 6SR010
7. prepare for the world of work through engagement with real life situations, briefs and problems – 4SR020, 5SR012, 6SR010, 6SR020
8. engage with new ideas and ways of working as an active member of the communities in which you study, live and work – 4SR021, 5SR005, 6SR020



Learning activities on this course will use a combination of methods, such as face-to-face instruction and tutorials, placement learning, online tasks, group and individual study.

### Learning and Teaching Methods:

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This data indicates the proportion of time in each year of study that students can expect to engage in the following activities (expressed as a percentage for each level).

Level	Teaching	Independent	Placement
4	24	76	0
5	24	76	0
6	17	81	2

### Assessment Methods:

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This data indicates the proportion of summative assessment in each year of study that will derive from the following: (expressed as a percentage for each level).

Level	Written Exams	Practical Exams	Coursework
4	17	33	50
5	17	17	67
6	0	34	66

### Student Support:

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Learning support will be provided in the following ways:

Each student will be allocated a personal tutor.

Module tutorial support will be factored into each module.

Students with disabilities are able to gain a wide range of support from the Student Enabling Centre.

Support for academic skills will be embedded into the curriculum.

Each student will be allocated a supervisor for their professional project at level six.

Students are able to access a wide range of resources to support their learning via the ['Skills for Learning'](#) programme.

Extensive Learning Centre support is available, including via the online chat information service ['ASSIST.'](#)

### Employability in the Curriculum:

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You will have opportunities to acquire a range of coaching awards which allow you to work in a range of employment settings. Our strong links with sport employers will provide opportunities to develop your practical coaching skills and build your curriculum vitae with organisations such as national governing bodies of sport, private and public clubs, local authorities, schools, and after school coaching programmes.

As a graduate of the BSc (Hons) Sports Coaching Practice degree, you could also be employed as an outdoor pursuits instructor, sports development officer, health and fitness instructor, personal trainer or performance

analyst (some requiring additional training). Positions held by previous graduates include: lecturers in further education colleges and adult education, paid coaches within local authorities; performance analysts; strength and conditioning instructors; fitness instructors for a large chain of health clubs; swimming teachers, employed by or have set up their own coaching companies.

As a graduate of a sports related degree, you will also be well prepared to gain employment in the wider sport and physical activity sector. The Government's 'Sporting Future' strategy identified that sport and physical activity is central to life in the UK. It has the power to transform people's wellbeing and create a fitter, healthier and happier nation. The transformative power of sport has never been more important as the growing levels of health problems and conditions associated with physical inactivity cost the nation over £7 billion each year. Sport and physical activity also contributes approximately £40 billion to the UK economy each year, with one million people employed in the sport and physical activity sectors.

With the significant role that sport plays in the health of the nation, and its contribution to the economy, it is no surprise that supporting this sector is considered crucial by the Government. This is clearly illustrated by Sport England's 'Towards an Active Nation' strategy that will see nearly £325 million invested in increasing sport participation from 2016-2021. The strategy focuses on the benefits that sport can bring to people and to society, with the aim of enhancing physical wellbeing, mental wellbeing, individual development, social and community development and economic development. Investment will target key areas such as:

Tackling inactivity

Children and young people – increasing children's basic competence and enjoyment

Taking sport and activity into the mass market – increasing mass participation

Supporting sport's core markets – supporting those who already have a strong affinity for sport, (including talented athletes)

Local delivery – investing in up to 10 specific areas to pilot new, more joined up approaches to getting people active

Creating welcoming sports facilities



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