

Course Specification

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Produced By:	Laura Clode
Status:	Validated

Core Information

Awarding Body / Institution:	University of Wolverhampton		
School / Institute:	Institute of Human Sciences		
Course Code(s):	SR024P01UV SR024P31UV	Full-time Part-time	12 Months 2 Years
Course Title:	MRes Sport and Exercise		
Hierarchy of Awards:	Master of Research Sport and Exercise Master of Research Sport and Exercise Postgraduate Diploma Sport and Exercise Postgraduate Certificate Sport and Exercise University Statement of Credit University Statement of Credit		
Language of Study:	English		
Date of DAG approval:	01/Jun/2017		
Last Review:	2015/6		
Course Specification valid from:	2015/6		
Course Specification valid to:	2020/1		

Academic Staff

Course Leader:	Dr Tina Smith
Head of Department:	Mr Julian Smith

Course Information

Location of Delivery:	University of Wolverhampton
Category of Partnership:	Not delivered in partnership
Teaching Institution:	University of Wolverhampton
Open / Closed Course:	This course is open to all suitably qualified candidates.

Entry Requirements:

Entry requirements are subject to regular review. The entry requirements applicable to a particular academic year will be published on the University website (and externally as appropriate e.g. UCAS)

- You will need a good degree in a related subject (normally 2:1 or above). We will consider applicants who have other qualifications or experience, equivalent to degree level.
- You will need to supply evidence in the personal statement on the application form that demonstrates your suitability for the MRes Sport & Exercise. The statement should indicate your reasons for studying the MRes, an appropriate area of research you wish to pursue on the course and other relevant education and work experience. [Please access the following for further information about writing your personal statement.](#)
- Offers made will be subject to receipt of a suitable reference.
- Please note those receiving an offer of a place on the course will be subsequently required to meet a Disclosure and Barring Service (DBS) Check.
- Applicants from overseas should also have a good standard of written and spoken English (normally IELTS 6.5). You will also need to obtain a certificate of good conduct / character and any other references from your home country, this will be required to ensure you pass the UK police (DBS) checks that are a requirement of the course.
- Please note you may be required to attend an interview for this course.

Distinctive Features of the Course:

The MRes Sport & Exercise allows students to extend their theoretical and practical knowledge of research in both work based and laboratory / field settings.

A number of bursaries accompany the course. The bursaries are aligned with employers who offer professional work experience as part of the bursary package.

Emphasis is on developing and applying advanced research skills, independent study and problem-solving, reflective practice and writing, contextualising to an applied area of study, and use of blended learning.

Educational Aims of the Course:

The MRes Sport & Exercise course aims to develop you as a researcher and reflective, evidence-based practitioner within your specialist area of sport, exercise or coaching science. There is an emphasis on student-led research and modules focused on the application of research within laboratory and applied settings.

You will develop advanced research skills including laboratory and applied techniques, problem-solving, reflective practice and the ability to critically analyse, interpret and apply evidence. You will be supported by a supervisor throughout your studies to develop these skills and their application. In addition the applied profession practice module will provide a direct opportunity to develop your ability to apply your research skills in a vocational environment.

The MRes Sport & Exercise is suitable for students wishing to study in areas related to:

- Sport and Exercise Science

- Sports Coaching
- Physical Activity, Exercise and Health

Supervision in the above subject areas will be matched to available staff expertise.

Intakes:

September

Major Source of Funding:

Office for Students (OFS)

Tuition Fees:

Tuition fees are reviewed on an annual basis. The fees applicable to a particular academic year will be published on the University website.

Year	Status	Mode	Amount
2019/0	H	Part Time	£3125.00
2019/0	EU	Part Time	£3125.00
2020/1	H	Full Time	£6400.00
2020/1	Overseas	Full Time	£13350.00
2020/1	H	Part Time	£3825.00

PSRB:

None

Course Structure:

September (Full-time)

Year 1

Module	Title	Credits	Period	Type
7SR004	Advanced Practical Skills	20	IN YR	Core
7SR003	Applied Professional Practice	20	IN YR	Core
7SR005	Advanced Research Methods	20	IN YR	Core
7SR008	Extended Dissertation	120	CRYRA	Core

September (Part-time)

Year 1

Module	Title	Credits	Period	Type
7SR004	Advanced Practical Skills	20	IN YR	Core
7SR005	Advanced Research Methods	20	IN YR	Core
7SR008	Extended Dissertation	120	CRYRA	Core

September (Part-time)

Year 2

Module	Title	Credits	Period	Type
7SR003	Applied Professional Practice	20	IN YR	Core

Please note: Optional modules might not run every year, the course team will decide on an annual basis which options will be running, based on student demand and academic factors, to create the best learning experience.

Learning, Teaching and Assessment

Academic Regulations Exemption:

Section 1.2.3 - Exemption for delivery outside the standard University Academic Calendar in order to facilitate teaching over four consecutive blocks of study in each academic year (Level 4, Level 5 and Level 6).

Section 1.2.6 - Exemption to permit a 120 credit, Year Long, Extended Research Module (7SR008) or two 60 credit research projects (7SR006 Independent Study and 7SR007 Dissertation). Students will be required to achieve 120 credits through independent research to complete the research component of the award. This can be achieved through completion of one 120 credit extended dissertation module or two 60 credit Year Long stand-alone research projects.

APPROVED by AFRSC.

Reference Points:

- QAA subject benchmark (Masters degree characteristics)
- Framework for Higher Education Qualifications (FHEQ)
- Equality Act 2010
- British Association of Sport & Exercise Sciences (BASES)

Learning Outcomes:

PGCert Course Learning Outcome 1 (PGCCLO1)

Demonstrate a systematic understanding of knowledge, and a critical awareness of current problems and/or new insights, much of which is at, or informed by, the forefront of your academic discipline, field of study or area of professional practice with a conceptual understanding that enables the student: 1. to evaluate critically current research and advanced scholarship in the discipline. 2.to evaluate methodologies and develop critiques of them and, where appropriate, to propose new hypotheses.

PGCert Course Learning Outcome 2 (PGCCLO2)

Demonstrate a comprehensive understanding of techniques applicable to your own research or advanced scholarship and ability to continue to advance your knowledge and understanding, and to develop new skills to a high level.

PGCert Course Learning Outcome 3 (PGCCLO3)

Demonstrate originality in the application of knowledge, together with a practical understanding of how established techniques of research and enquiry are used to create and interpret knowledge in the discipline.

PGCert Course Learning Outcome 4 (PGCCLO4)

Ability to deal with complex issues both systematically and creatively, make sound judgements in the absence of complete data, and communicate your conclusions clearly to specialist and non-specialist audiences.

PGCert Course Learning Outcome 5 (PGCCLO5)

Demonstrate self-direction and originality in tackling and solving problems, and act autonomously in planning and implementing tasks at a professional or equivalent level.

PGCert Course Learning Outcome 6 (PGCCLO6)

Demonstrate the qualities and transferable skills necessary for employment requiring: 1. the exercise of initiative and personal responsibility 2. decision-making in complex and unpredictable situations 3. the independent learning ability required for continuing professional development.

PGDip Course Learning Outcome 1 (PGDCLO1)

Demonstrate a systematic understanding of knowledge, and a critical awareness of current problems and/or new insights, much of which is at, or informed by, the forefront of your academic discipline, field of study or area of professional practice with a conceptual understanding that enables the student: 1. to evaluate critically current research and advanced scholarship in the discipline 2. to evaluate methodologies and develop critiques of them and, where appropriate, to propose new hypotheses.

PGDip Course Learning Outcome 2 (PGDCLO2)

Demonstrate a comprehensive understanding of techniques applicable to your own research or advanced scholarship and ability to continue to advance your knowledge and understanding, and to develop new skills to a high level.

PGDip Course Learning Outcome 3 (PGDCLO3)

Demonstrate originality in the application of knowledge, together with a practical understanding of how established techniques of research and enquiry are used to create and interpret knowledge in the discipline.

PGDip Course Learning Outcome 4 (PGDCLO4)

Ability to deal with complex issues both systematically and creatively, make sound judgements in the absence of complete data, and communicate your conclusions clearly to specialist and non-specialist audiences.

PGDip Course Learning Outcome 5 (PGDCLO5)

Demonstrate self-direction and originality in tackling and solving problems, and act autonomously in planning and implementing tasks at a professional or equivalent level.

PGDip Course Learning Outcome 6 (PGDCLO6)

Demonstrate the qualities and transferable skills necessary for employment requiring: 1. the exercise of initiative and personal responsibility 2. decision-making in complex and unpredictable situations 3. the independent learning ability required for continuing professional development.

Masters Course Learning Outcome 1 (MACLO1)

an in-depth knowledge and critical awareness of current research and contemporary issues, within your specialist area of sport and exercise science, sports coaching or physical activity

Masters Course Learning Outcome 2 (MACLO2)

comprehensive research skills and the ability to carry out specialised assessment methods relevant to your specialist area of sport and exercise science, sports coaching or physical activity

Masters Course Learning Outcome 3 (MACLO3)

the ability to critically assess and evaluate the most appropriate research designs and methodologies appropriate to your specialist area of sport and exercise science, sports coaching or physical activity

Masters Course Learning Outcome 4 (MACLO4)

the ability to independently apply a systematic and critical approach to research, problem-solving, and decision-making within a range of contexts

Masters Course Learning Outcome 5 (MACLO5)

the ability to apply reflective practice, research and a range of research methods and techniques to advance your knowledge and understanding in applied practice

Masters Course Learning Outcome 6 (MACLO6)

competences applicable for continued independent learning and professional development

Overview of Assessment:

Module	Title	Course Learning Outcomes
7SR003	Applied Professional Practice	MACLO1, MACLO2, MACLO3, MACLO4, MACLO5, MACLO6, PGCCLO1, PGCCLO2, PGCCLO3, PGCCLO4, PGCCLO5, PGCCLO6, PGDCLO1, PGDCLO2, PGDCLO3, PGDCLO4, PGDCLO5, PGDCLO6
7SR004	Advanced Practical Skills	MACLO1, MACLO2, MACLO3, MACLO4, MACLO5, MACLO6, PGCCLO1, PGCCLO2, PGCCLO3, PGCCLO4, PGCCLO5, PGCCLO6, PGDCLO1, PGDCLO2, PGDCLO3, PGDCLO4, PGDCLO5, PGDCLO6
7SR005	Advanced Research Methods	MACLO1, MACLO2, MACLO3, MACLO6, PGCCLO1, PGCCLO2, PGCCLO3, PGCCLO6, PGDCLO1, PGDCLO2, PGDCLO3, PGDCLO6
7SR008	Extended Dissertation	MACLO1, MACLO2, MACLO3, MACLO4, MACLO6, PGDCLO1, PGDCLO2, PGDCLO3, PGDCLO4, PGDCLO5, PGDCLO6

Teaching, Learning and Assessment:

The student experience on this course will be set within a mixture of independent, group and tutor-led study facilitated by a range of classroom, laboratory and blended learning support.

Students will work alone and in groups to develop problem-solving skills and a systematic approach to research, applied within their specialist area of study.

Reflective practice will be utilised to facilitate the application of knowledge and research skills in the light of personal experience and literature-based evidence in the context of vocational and research opportunities.

For the independent research element of the course, students will be allocated a personal supervisor who will support their learning in order to advance their knowledge and critical awareness of current research and contemporary issues, within their specialist area of study.

Assessment Methods:

At the University of Wolverhampton, a variety of modes of assessment will be used to support and test your learning and progress and to help you develop capabilities that are valued beyond your University studies and into your working life. Your course may include a variety of assessment activities:

Written examinations (including online examinations, open and closed book examinations and quizzes)
Coursework (for example, essays, reports, portfolios, project proposals and briefs, CVs, poster presentation)
Practical (for example, oral and video presentations, laboratory work, performances, practical skills assessment)

In the final year of your undergraduate degree, and at the end of your postgraduate degree, you are likely to be expected to write an extended piece of work or research, such as a dissertation or a practice-based piece of research.

Student Support:

Learning support will be provided in the following ways:

Each student will be allocated a personal tutor.

Module tutorial support will be factored into each module.

Students with disabilities are able to gain a wide range of support from the Student Enabling Centre.

Support for academic skills will be embedded into the curriculum.

Each student will be allocated a supervisor for their research modules.

Staff will facilitate independent and group-based learning initially by classroom activities and subsequently via blended learning.

Students are able to access a wide range of resources to support their learning via the '[Skills for Learning](#)' programme.

Extensive Learning Centre support is available, including via the online chat information service '[ASSIST](#).'

Employability in the Curriculum:

As a graduate of a sports related postgraduate qualification you will be well prepared to work in the wider sport and physical activity sector. The Government's 'Sporting Future' strategy identified that sport and physical activity is central to life in the UK. It has the power to transform people's wellbeing and create a fitter, healthier and happier nation. The transformative power of sport has never been more important as the growing levels of health problems and conditions associated with physical inactivity cost the nation over £7 billion each year. Sport and physical activity also contributes approximately £40 billion to the UK economy each year, with one million people employed in the sport and physical activity sectors.

With the significant role that sport plays in the health of the nation, and its contribution to the economy, it is no surprise that supporting this sector is considered crucial by the Government. This is clearly illustrated by Sport England's 'Towards an Active Nation' strategy that will see nearly £325 million invested in increasing sport participation from 2016-2021. The strategy focuses on the benefits that sport can bring to people and to society, with the aim of enhancing physical wellbeing, mental wellbeing, individual development, social and community development and economic development. Investment will target key areas such as:

Tackling inactivity

Children and young people – increasing children's basic competence and enjoyment

Taking sport and activity into the mass market – increasing mass participation

Supporting sport's core markets – supporting those who already have a strong affinity for sport, (including talented athletes)

Local delivery – investing in up to 10 specific areas to pilot new, more joined up approaches to getting people active

Creating welcoming sports facilities

Some example career related benefits of the course include:

- Enhanced employability and promotion prospects in current or future employment within the students chosen profession / sphere of practice
- Enhanced opportunities for further study at doctoral level
- Opportunity to move into the Higher Education sector, for example as a graduate teaching assistant, researcher or lecturer
- Opportunity for existing practitioners to significantly improve their Continuing Professional Development portfolio



THE UNIVERSITY OF OPPORTUNITY